

INDIVIDUAL PLACEMENT AND SUPPORT IS AN EVIDENCE-BASED PRACTICE FOR HELPING PEOPLE WITH SERIOUS MENTAL ILLNESS GAIN COMPETITIVE EMPLOYMENT.

People living with serious mental illness **want to work.** IPS helps them **attain their goals.**



Studies show **60%** of people with SMI want to work, but only about **15%** are employed.

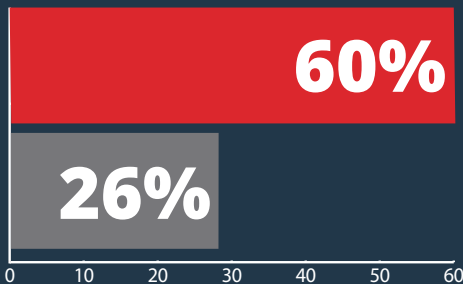
Benefits of Work for People with Serious Mental Illness

- Increased self-esteem
- Better control of psychiatric symptoms
- Reduced psychiatric hospitalizations
- Reduced criminal justice involvement
- Increased self-sufficiency
- Decreased dependence on others



THE IPS MODEL IS COST-EFFECTIVE

**EMPLOYMENT RATES:
 IPS VS. OTHER SERVICES**



For every 100 people who enroll in IPS in the US, 60 get a job, more than twice as many as those who enroll in any other employment program.



**HAVING A JOB CAN
 REDUCE THE COSTS OF
 REHABILITATION AND
 MENTAL HEALTH SERVICES.**

A 10-year follow-up study of people with co-occurring serious mental illness and substance use disorder found an average annual savings of more than \$16,000 per person in treatment costs for steady workers, compared to clients who remained out of the labor force.



Department of
**Mental Health &
Substance Abuse Services**



**Individual
Placement
and Support**

Recovery through Employment

IPS in Tennessee is provided in partnership with the Department of Human Services - Vocational Rehabilitation and our network of community providers.

**14 Community
Providers**

**55 Tennessee
Counties**



1,118

57%

**People
Served
in FY20**

**Successful
Placements
Worked
90 Days
or More**



THE IPS MODEL IS EVIDENCE-BASED

U.S. and International Randomized, Controlled Trials Show:

- **IPS greatly outperforms** standard employment supports.
- **IPS works** in both urban and rural communities.
- **IPS works** for youth and young adults.
- **IPS works** for people from different racial, ethnic, and minority backgrounds.
- **IPS supports** people with education goals.



**For More Information
TDMHSAS Website:
TN.gov/behavioral-health/ips**

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***Claims in this document are supported by more than two decades of research. Visit IPSworks.org to learn more.**