



A Message from Commissioner Williams

Dear friends and partners,

As the season of gratitude and the giving of thanks sets in, we want you to know how grateful we are for each of you. It's through your hard work, dedication, and amazing outcomes that we achieve our vision of a state of resiliency, recovery, and independence where the Tennesseans we are blessed to serve truly have the opportunity to thrive.

If you haven't had a chance to watch our FY23 budget presentation to Governor Lee, I encourage you to watch it and read about details of our proposal in the story that follows next. It's also a testament to your amazing work every day that we are able to go to Governor Lee and make a historic request for new funding. Governor Lee and his team certainly realize the great and growing need for mental health and substance use services across this state, but just as importantly, they recognize that the services delivered are effective, efficient, and essential to the health of our state.

Something mentioned in our remarks that's worth noting—This will be Governor Lee's fourth state budget, and in his time in office so far, the governor and the General Assembly have increased the state portion of our budget by almost \$68 million or more than 26 percent. In addition to behavioral health budget proposal items from our colleagues at TennCare, the FY23 budget represents an amazing opportunity.

Those of you familiar with the state budget process know this is only the first step. The Governor and his team will consider all of the proposals presented by state departments and make decisions around what to include in his budget proposal which will be unveiled at his State of the State address early next year. From there, the General Assembly considers the budget and we will know those items that are approved in the budget which takes effect July 1, 2022.

As always, we GREATLY appreciate your support during this process and your hard work to increase the resiliency and recovery pathways for Tennesseans diagnosed with mental health and substance use challenges every day.

Many blessings,

Marie

FY23 Budget Proposal Presentation



Please find a rundown of our proposed budget increases in the table below. [You can click it or this link to view a full-sized PDF version.](#) If you want to view our hearing, download the slides, or view any of the other state department hearings, you can do all of that at this link:

<https://sts.streamingvideo.tn.gov/Mediasite/Channel/mediasiteadmin-tn-budget-hearingsfy2022-2023>

Item	Description	Amount
Cost of Living Adjustment	To provide funding for a 20% cost of living adjustment (COLA) to the department's state funded community-based behavioral health providers. Rate increase was determined assuming a 2% increase over the last ten years.	\$35,989,300
Substance Abuse Clinical Treatment	Expand evidence-based treatment for uninsured and underinsured Tennesseans. The department estimates that this funding will provide services to an additional 2,460 Tennesseans.	\$6,000,000
Addiction Recovery Program (ARP)	Expand wrap around services for Tennesseans living with Substance Use Disorder (SUD). The department estimates this funding will provide services to an additional 1,798 Tennesseans.	\$1,000,000
Crisis Continuum Expansion	\$15,500,000 non-recurring for the construction of 3 new Crisis Walk-In/Crisis Stabilization Centers to be located in Northwest Tennessee, larger Clarksville community, and South of Davidson County. \$9,219,900 recurring for Crisis Walk-In/Crisis Stabilization Centers operations. \$1,080,000 recurring for 12 Crisis Team Mandatory Prescreening Agents (MPA) stationed at 12 Tennessee Emergency Departments with the highest volumes of Crisis Face to Face Assessments.	\$25,799,900
Substance Use Residential Treatment Infrastructure Expansion	To provide non-recurring funding for the construction/renovation of four residential treatment facilities. The department estimates these facilities will add an additional 200-300 residential treatment beds, which will serve 1,700 Tennesseans annually.	\$20,520,000
TN Behavioral Health Workforce	To provide recurring funding for three years to help strengthen the career pipeline into the public behavioral health sector through three initiatives: Public Behavioral Health Internship Portal - \$1,000,000 Public Behavioral Health Scholarship Program - \$4,000,000 Public Behavioral Health Sign-On Bonus - \$5,000,000	\$10,000,000
Creating Jobs Initiative	Funds will be allocated to community mental health provider agencies across the state to provide increased Individual Placement and Support (IPS) services hiring up to 37 new employment specialists. These funds will be used by DHS to draw down \$3.3M through the Vocational Rehabilitation program.	\$900,000
IT Support Services	Additional technology staff supporting TDMHSAS in software development, business analysis, testing and analytics functions	\$520,700
Programmatic Increases Proposed		\$106,729,900
Capital Request: MBMHI	To construct a new Moccasin Bend Mental Health Institute consolidating all program functions on the existing campus, demolish the existing facility, and all required related work.	\$276,520,000
Total Increases Proposed	Recurring: \$64,709,900 Non-Recurring \$42,020,000 Capital: \$276,520,000	\$383,249,900

New Funding Opportunities

Since our last newsletter, the department has issued two new Announcements of Funding. Get more info below or at this link: [TN.gov/behavioral-health/department-funding-opportunities](https://www.tn.gov/behavioral-health/department-funding-opportunities)

Creating Homes Initiative (CHI) 3.0

The TDMHSAS Division of Mental Health Services accepting applications for the expansion of the Tennessee Creating Homes Initiative (CHI), known as CHI 3.0. This new program is to fund development of safe, quality, and affordable permanent housing opportunities, to provide ongoing operations for newly created housing opportunities, and/or to provide support services to benefit residents of newly developed safe, quality and affordable permanent housing for Tennesseans experiencing mental illness and/or substance use disorder who re-enter the community from prisons and jails or have been previously incarcerated.

Residential Recovery Court Programs for West and East Grand Divisions

The TDMHSAS Division of Substance Abuse Services is accepting applications for the Residential Recovery Court Program (RRCP). The purpose of this program is to provide services to non-violent, justice-involved individuals who are actively participating in a local recovery court, have a greater need for intensive substance abuse and/or co-occurring treatment services and supervision, and have not been successful in recovery court programming in their community. Grants are available to eligible providers that are ready to fully implement a residential recovery court program. Applicants must provide evidence-based and trauma-specific treatment services guided by the 10 Key Components for Drug Courts and Best Practice Standards for Adult Drug Courts and demonstrate how these services will be provided in a residential setting.

Tennessee Recovery Navigators Celebrate Another Successful Year of Service

Tennessee Recovery Navigators are celebrating another successful year of delivering life-changing interventions for people living with addiction. TDMHSAS released a new annual report which details the program's successes despite a full year of pandemic-related restrictions.

Tennessee Recovery Navigators use their own personal experience of addiction and recovery to talk with patients at Tennessee hospital emergency departments and try to connect them with treatment resources. The patients they see have recently overdosed, are experiencing active withdrawals, or have presented with a substance use disorder.

[The Navigators' new annual report](#) details accomplishments in state fiscal year 2021 including:

- Increased patient interactions over the previous year 2,967 in FY21
- 76% of patients placed into treatment

- Four hospitals added for a total of 42

“Prior to the pandemic, so much of behavioral health service delivery was based on face-to-face contact. With restrictions brought on by the pandemic, that norm was challenged, and yet our Tennessee Recovery Navigators found ways to maintain contact, increase their numbers served, and still get an amazing amount of people into treatment,” said TDMHSAS Commissioner Marie Williams, LCSW. “The Navigators continue to be an amazing success story showing the power of peer support to reach out to someone who’s struggling and show them a new path forward.”

[Read the report at this link on our TN.gov website.](#)



Collegiate Recovery Initiative Spreads to Motlow State Community College





(L to R) Faith-Based Community Coordinator Jaime Harper, Motlow State CC President Michael Torrence, Collegiate Recovery Initiative Director Nathan Payne, Faith-Based Initiatives Director Monty Burks pose after the successful event.

The TDMHSAS Collegiate Recovery Initiative held another successful on-campus academy event at Motlow State Community College on November 11. A capacity crowd of students, faculty, administrators, staff, and campus police officers became recovery allies, learned the basic principles of QPR suicide prevention, and took in an energizing message about the need for on-campus recovery supports. The next Collegiate Recovery Academy is December 2 at the University of Tennessee Knoxville. To learn more about the Collegiate Recovery Initiative, visit this link: [TN.gov/behavioral-health/collegiate-recovery](https://www.tn.gov/behavioral-health/collegiate-recovery).



Regional Intervention Program Success Story: Lissa McKenry



Watch Lissa's success story on our YouTube Channel!

RIP works! For more than 50 years, the proven strategies of the Regional Intervention Program have helped families address challenging childhood behaviors. For Lissa, the knowledge base and community at RIP was just the

support she and her husband needed to continue care for their two foster sons. Learn more about RIP at www.tn.gov/parenting-that-works

Promotions



The TDMHSAS Division of Mental Health Services (DMHS) is excited to promote Tessa Antonelli to Assistant Director for Community Mental Health Operations. She has been with TDMHSAS for more than two years in the Office of Housing and Homeless Services. During her time with TDMHSAS Tessa has taken on special projects needed to support community mental health providers. During the early part of the pandemic, she supported agencies in need of personal protective equipment (PPE) across the State in collaboration with TEMA. In her new role, Tessa will support DMHS and help administer contracts resulting from COVID pandemic grant funding. Tessa earned a bachelor's degree from Middle Tennessee State University. In her time off, she can usually be found in the kitchen, cooking in the company of her fiancé, and their two dogs.

MBMHI Participates in the Mentor Tennessee Program



MBMHI had the awesome pleasure of participating in the Mentor Tennessee Program, a dynamic mentoring program designed to support the continued development of talent throughout our facility.

The specific program objectives include:

- Teach and encourage knowledge sharing through open communication and job shadowing
- Increase an individual's ability to be a successful professional
- Improve organizational commitment, engagement, and satisfaction
- Facilitate personal and professional growth

MBMHI started the Mentor Tennessee Program in February of 2021, with 8 Mentors and 9 Mentees. We were very excited that our CEO, Mary C. Young, participated as a Mentor.

We concluded the program with a Graduation Ceremony that was held in October, complete with certificates, light refreshments, and gifts for all who participated.

We will start the next session of The Mentor Tennessee Program in December 2021. We have already recruited Mentors and Mentees for the program. We look forward to another exciting round of this awesome program!



MMHI Spreads Breast Cancer Awareness



October was Breast Cancer Awareness Month, an annual campaign to raise awareness about the impact of breast cancer. MMHI raised awareness for the entire month of October. Each Friday for the month of October, MMHI staff members wore personalized pink t-shirts to honor survivors, remember those lost to the disease, and to support the progress we are making together to defeat breast cancer. Some of the activities included: Grab & Go Informative Breast Cancer Awareness Breakfast which included everyone receiving a pamphlet about mammogram services & volunteer opportunities in the community serving at-risk populations. The Grand Finale was a “MMHI Pink Out” which included a 1 Mile Breast Cancer Walk with refreshments served afterwards. The event was coordinated by Dabonee Eleby, April Walker, and Taylor West.

MMHI Celebrates National Pharmacy Week





Pictured Left to Right: Tracy McGee, PharmD (Staff Pharmacist), Greta Williams, RPh (Interim Pharmacy Director), Angela Dorris, CPhT (Certified Pharmacy Technician), Keegan Baldock, PharmD (Staff Pharmacist)

Celebrated the third full week in October, “Pharmacy Week” is a time to recognize the powerful impact pharmacist and technicians make on our patients. It is an opportunity to raise colleagues’ awareness about the vital role pharmacists play on the healthcare team. It also provides a meaningful way for pharmacist and technicians to affirm their staff’s hard work to ensure medication use in their organization is safe and patients are achieving optimal outcomes.

Shout Out!



Moccasin Bend Mental Health Institute employees were up to their usual hijinks for Halloween and Employee Appreciation week. Patients and staff decorated unit doors with their most creative decor. Adjunctive Therapy created a haunted house that was a SCREAM, and the patients enjoyed “spooky” snacks. It was a week full of food, fun, and costumes!

If you'd like to "shout out" to a TDMHSAS colleague, please send an email to Kearston.Winrow@tn.gov. Tell us who you'd like to recognize and why.

Save-the-Dates

Click the graphics for more information and to register!

SAVE THE DATE

*Wednesday
through
Friday*

December
8th-10th
2021

TARCPCON 2021



IN PERSON!

Murfreesboro, Tennessee
Embassy Suites &
Conference Center

Come one, come all! Recovery courts, specialty courts, supervision, and justice reformers!

Prepare to network like you've never networked before! Bring your best training gear for an optimal training experience!

Check the membership site [Events Page](#) for registration and conference details!

Planning and Policy Council Meetings

Statewide Planning and Policy Council

Tuesday, December 14th, 2021

10:00 a.m. - 12:00 p.m. CST

Toll-Free: 415-655-0001

Meeting number (access code): 2311 608 6813

TDMHSAS is committed to providing individuals with disabilities an equal opportunity to participate in and benefit from TDMHSAS programs, activities, and services. To request reasonable accommodations or modifications, please contact Amy Holland at amy.holland@tn.gov at least 10 business days prior to the meeting. Requests for accommodations or modifications made after the deadline will be honored to the maximum extent feasible, but it may not be possible to fulfill them.

Resources

Call or text for emotional support for healthcare workers, first responders, and teachers

COVID-19 EMOTIONAL SUPPORT LINE FOR TENNESSEE

Need to talk to someone about feelings of stress, anxiety, sadness, or depression related to work? Calltakers with the COVID-19 Emotional Support Line can help.



Tennesseans working in education, healthcare, or first responder roles can call or text:

888-642-7886

Calltakers are available: 6 a.m. - 10 p.m. (CT), 7 a.m. - 11 p.m. (ET)

The COVID-19 Emotional Support line is a collaborative project among National Association of Social Workers-TN Chapter and the following groups:



In the event of a mental health emergency ...

STATEWIDE

CRISIS LINE

HELP IN A MENTAL HEALTH CRISIS

855-CRISIS-1 [TN.gov/CrisisLine](https://www.tn.gov/CrisisLine)
855-274-7471  **Department of
Mental Health &
Substance Abuse Services**

For questions about addiction treatment/referrals ...

TN
REDLINE
1.800.889.9789
CALL OR TEXT

TN Department of Mental Health & Substance Abuse Services
TAADAS
TN TOGETHER
ENDING THE OPIOID CRISIS

To talk with a TDMHSAS Consumer Advocate ...

Need help with mental health or substance use services?

Call the TDMHSAS Office of Consumer Affairs and Peer Recovery Services

HELPLINE

1-800-560-5767

We can help with:

- finding mental health and substance abuse resources in your area
- questions about insurance
- finding housing options
- communicating with mental health and substance abuse providers
- questions about the Certified Peer Recovery Specialist program
- filing a complaint



We are available

- Monday through Friday
- 8:00 a.m. – 4:30 p.m. CT
- Closed on state holidays



Department of
**Mental Health &
Substance Abuse Services**

OCA.TDMHSAS@tn.gov | TN.gov/behavioral-health

OUR MISSION: CREATING
COLLABORATIVE PATHWAYS
TO RESILIENCY, RECOVERY & INDEPENDENCE
FOR TENNESSEANS LIVING
WITH MENTAL ILLNESS AND
SUBSTANCE USE DISORDERS

OUR VISION:

A STATE OF *RESILIENCY, RECOVERY, AND INDEPENDENCE*
IN WHICH **TENNESSEANS**
LIVING WITH MENTAL ILLNESS
AND SUBSTANCE USE DISORDERS **THRIVE**

AS A DEPARTMENT, WE VALUE:

CUSTOMER FOCUSED:

An unwavering commitment to keep patients and those who serve them at the forefront of every decision.

INTEGRITY:

Honesty and truth in all we do.

INSPIRED PURPOSE:

The call to action in service of a cause greater than one's self.

EXCELLENCE:

The highest standards for services, efficiency, and conduct.

COMPASSIONATE

AND EFFECTIVE LEADERSHIP:

The commitment to make effective decisions and inspire others through active listening and empathy.

SOLUTIONS AND OUTCOMES-ORIENTED:

The commitment to positive outcomes and meaningful changes in response to the critical needs of the Tennesseans we serve.

PARTNERSHIP:

Beyond teamwork, collaboration based on mutual success to the benefit of the Tennesseans we are blessed to serve.

*We hope you've enjoyed this issue of the Update!
If you have news to share (a story idea, accomplishment,
provider news, etc.) or if you'd like to be added to the
distribution list, please email: the Office of
Communications at OC.TDMHSAS@tn.gov.*

And please connect with us on social media!



Find us on
Facebook

Thanks to our [Facebook family](#) for "liking" us and sharing our posts!



Follow us on
Instagram

Join us on
Linked 



Website



Facebook



Instagram



LinkedIn

This email was sent to << Test Email Address >>

[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)

TDMHSAS · 500 Deaderick St · Nashville, Tn 37243 · USA

